

1. Identify 2-3 highlights for this reporting period

- a. The CCCCCO partnered with two private organizations to participate in two webinars about programs that address college student mental health. Kognito Interactive and the American Foundation for Suicide Prevention (AFSP) have both expressed interest in partnering with community colleges to in separate pilot project efforts.
- b. The Zellerbach Family Foundation (ZFF) has asked the CCCCCO to submit another grant funding request. The proposal for this project will be developed following completion and evaluation of the current project, which will conclude at the end of March.

Note: A list of acronyms is provided on the last page of this report.

2. Please list all the goals/objectives/activities/deliverables for this reporting period as listed in the MOU work plan and provide an update.

Goal 1: On an ongoing basis the Mental Health Specialist (MHS) will provide statewide support, information, technical assistance and coordination to the 112 community colleges throughout California in an effort to assist them in meeting the needs of students with mental health issues, including those who are at risk of developing a mental illness.					
	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
Objective 1a. The Mental Health Specialist will monitor local, state and National data and information as it relates to mental health and education to identify: a) Extent of mental health issues and need at community colleges b) Extent of current delivery systems c) Promising models and practices d) Resource opportunities e) Partnership opportunities Information and findings will be shared with stakeholders through list serves, the CCCCCO webpage, meetings, and conferences.	June 2011	<u>In progress.</u> <ul style="list-style-type: none">Communiqués to the CCC Mental health and DSPS directors' list serves were sent out regularly during this reporting period, on average 2-3 times a week, depending on the availability of information. Examples of information that was shared include: Studies in the News, information about the progress of the statewide projects including opportunities to provide public comment; grant opportunities, webinars.<u>10/19/10</u>: In partnership with Kognito Interactive and Santa Monica College (SMC), the CCCCCO hosted a webinar on At –Risk, an interactive suicide prevention program that SMC	The MHS continues to explore ways to meet data needs within existing work load constraints, and to support efforts to coordinate and leverage partnership opportunities.	The CCCCCO mental health list serve is open to all who wish to subscribe. In addition, information about all webinars is sent to DMH staff (CCCCO liaison) and CMHDA for dissemination to interested county mental health partners. Information is also forwarded to members of the MHSA Partners Forum.	CCCCCO is planning a follow up webinar on the results from the At-Risk Gatekeeper training pilot project for February 2011. CCCCCO is planning follow up with AFSP to identify next steps for including a CCC in the ISP pilot. The MHS is in discussions with the HSACCC and MHWA about combining data collections efforts. In addition, we are having initial discussions with Palo Alto University about finding ways to support a sustained student mental health data collection effort by partnering with their students and research efforts. A meeting is scheduled for 2/10/11 to discuss this.

		<p>is using. Kognito offered free licenses for 10 faculty/staff at any CCC as part of a pilot program to use At-Risk. 153 faculty/staff at 23 colleges and participated in the pilot. Results from the pilot are provided as part of the deliverables for this report.</p> <ul style="list-style-type: none"> • <u>AFSP/ISP</u>: Partnered with AFSP to host a webinar on the ISP project. Purpose of the webinar was to provide an overview of ISP and to solicit interest from at least one CCC to participate in this project. • <u>HSACCC data efforts</u>: The HSACCC presented an update on its data collection efforts at the CCC MHSAC meeting in August. • <u>MHWA data efforts</u>: The MHS has offered to assist in coordinating data collection efforts between MHWA, HSACCC and other partners. • <u>CCCCO webpage</u>: has been updated to include additional resources and studies. <p><u>Deliverables</u>: power points, report on results of pilot; websites for HSACCC and MHWA can be accessed through the CCCCCO mental health web page at www.cccco.edu/mentalhealth</p>			
Objective 1b. MHS will identify opportunities for the CCCCCO and colleges to partner with other agencies and organizations that are implementing MHSA activities including the Student Mental Health Initiative and the other statewide projects.	June 2011	<p><u>In progress</u>. The MHS completed the following activities related to this objective:</p> <ul style="list-style-type: none"> • disseminated information about local MHSA partnerships opportunities (such as the LA 	As in the Jan-June reporting period, partnering with agencies and organizations that serve veterans has remained a priority	The MHS has worked closely with CalMHSA and the Implementation Workgroup to provide input on drafts of the work plan since July 2010.	The MHS anticipates that additional activities related to this objective during the next reporting period due to the recent approval of the PEI Statewide Plans by the OAC on 1/27/11.

		<p>Suicide Prevention Planning Meeting – 3c)</p> <ul style="list-style-type: none"> • Attended CalMHSA Board meetings and OAC meetings to maintain current on information related to the statewide projects and the SMHI. • Attended three of the Cal MHSA sponsored information gathering sessions along with representatives from 5 colleges (West Valley, Yuba College, Ohlone, Fresno City, and Folsom Lake). • Prepared and submitted written public comment for all of the public comment periods and testified at two of the Board Meetings to clarify items related to SMHI. • Participated in calls with CSU and UC partners regarding the SMHI (9/28/10 and 12/7/10) • Attended required interagency meetings on 9/8/10 and 12/9/10. <p><u>Deliverables:</u> copies of public comment</p>	<p>because of the ZFF grant.</p> <p>The MHS anticipates that additional activities related to this objective during the next reporting period due to the recent approval of the PEI Statewide Plans by the OAC on 1/27/11.</p>		
<p>Objective 1c. The CCCCCO will foster relationships with key system partners (Student Services administrators, Health Services staff and related organizations, DSPS, CAPED, general counseling, etc) who work on mental health or related issues, particularly partners working with students at higher risk of mental health issues (foster youth, returning veterans, underserved populations) with the purpose of enhancing coordination of services and resources.</p>	<p>June 2011</p>	<p><u>In progress.</u> TA and information provided as follows: <u>10/12/10:</u> attended quarterly meeting of MHWA at Bakersfield College and provided an update on SMHI and the MHSA. <u>Individual TA request/assistance:</u> <u>7/20/10:</u> update on SMHI (Cerritos College) <u>7/21:</u> grant assistance/resources (Cuyamaca College) <u>7/22/10:</u> assistance on presentation about MH (MTSAC) <u>10/29/10:</u> info on wellness</p>	<p>None at this time.</p>	<p>Examples of CCC and county mental health best practices are identified as a part of presentations provided to partner organizations (Orange County, Sonoma County).</p>	<p>The MHS will participate in upcoming meetings and conferences for the HSACCC, MHWA, as well as regular meetings of the Chancellor's Office Advisory Group on Counseling and Troops to College Regional Reps meetings.</p>

		<p>programs received from SWCC to include on website</p> <p><u>11/22</u>: information about MHWA (Cuyamaca College)</p> <p><u>12/17</u>: funding information to GWC, connect to local MH (Orange County)</p> <ul style="list-style-type: none"> • Updates about mental health activities are also provided to the CSSO Executive Board as part of the Students Services Division update. • Representatives of the Health Services Association, MHWA, CAPED, general counseling, and veteran's organizations participate on the CCCMHSAC. Regular updates from these organizations are provided and information is shared during the quarterly meetings. See 3a. <p><u>Deliverables</u>: agendas, copy of update provided to CSSOs</p>			
Objective 1d. Identify opportunities to support and promote local resources (such as NAMI, Ca Network of Mental Health Clients, UACF, online resources) for students at risk or currently identified as having mental health problems.	June 2011	<p><u>In progress</u>. Participated in monthly meetings of the MHSA Partners group (7/7, 8/4, 9/9, 10/6; 11/3). Presented information about community college mental health efforts at the 11/3/10 meeting. NAMI and the Network have also been promoted as resources for the ZFF campuses to connect with and are included on the CCCCO's website, www.cccco.edu/mentalhealth</p> <p>Representatives of NAMI, REMHDCO and the CA Network participate on the CCCMHSAC.</p>	None at this time.	None other than identified in first column.	The CCCCO anticipates additional collaborative efforts as the statewide projects are being implemented over the next several months.
Goal 2: Increase the knowledge and capacity of the CCC faculty and staff to better serve returning veteran students with mental health issues who are pursuing their education at California community colleges.					

	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
Objective 2a. Through the implementation of the Zellerbach Family Foundation Grant (ZFF), the MHS will work with consultants and selected CCCs to plan, implement and evaluate training for faculty and staff on the issues of PTSD, TBI, and depression that impact student learning.	May 2011	<u>Ongoing.</u> <ul style="list-style-type: none"> Solicitation of interest developed and disseminated. six colleges submitted applications Developed and implemented review process that resulted in 3 campuses being selected Prepared and submitted 6 month report to Zellerbach Family Foundation (grant requirement) Faculty focus group convened in Oakland. (9/13/10) Draft curriculum developed Orientation call conducted with selected campuses on 11/2/10 Site visits to each campus completed (De Anza (10/30), CCSF and CSM on 12/13/10). <u>Deliverables:</u> copy of SOI; agendas from calls and meetings; letter to campuses regarding selection process; mid-year report to Zellerbach.	<p>Grant progress continues until 3/30/10. Pilot trainings will be implemented in February 2010.</p> <p>The CCCCCO is in the process of identifying program and resources priorities for the next phase of the ZFF grant.</p>	<p>Campuses are being encouraged to identify contacts at their county mental health as part of the resources being identified.</p> <p>Local vets' agencies and suicide prevention contacts are also being identified.</p>	<p>The CCCCCO has been asked to submit another funding request to the Zellerbach Family Foundation (ZFF).</p> <p>The CCCCCO has been involved in discussions about implementing this training at a daylong training for the Faculty Association of the CCCs (FACCC).</p> <p>Six trainings at three campuses will occur in February 2011.</p> <p>The final products from the ZFF including an evaluation report will be available in April 2011.</p>
Objective 2b. The MHS will work with state and local agencies that provide services to veterans to identify resources that can assist local colleges in their efforts to support success for student veterans that have mental health issues.	June 2011	<u>In progress.</u> <p>The MHS has met with the new lead for Veteran's Services at the CCCCCO, who also has responsibilities for student financial aid.</p> <p>8/18: shared resources and</p>	<p>There is no dedicated funding to support veterans issues at the Chancellor's office, so overseeing these activities continues to be a resource challenge.</p>	<p>MHSA Partners at CDVA and CNG have been invited to participate in the campus trainings.</p> <p>A representative from CDVA participates as a member of</p>	<p>The MHS will continue to remain involved in activities that include an interface between student veterans and mental health. Please see above.</p>

		<p>updates on the ZFF project via email with Pamela Rasada from the California Research Bureau (CRB).</p> <p>10/21: at the request of Ann Moses of the Schwab, provided an overview of the ZFF grant goals and objectives.</p> <p>11/18: attended open house at Sac City college for the opening of their VRC.</p> <p>12/2/10: Attended workshop at the Palo Alto VA entitled, "Strategies for Success on Concussive Brain syndrome.</p> <p>12/5: participated in a conference call with VISN 21 staff to discuss collaborative opportunities.</p>		the CCCMHSAC.	
Goal 3: Develop and implement strategies that expand and enhance collaboration between the mental health and higher education fields at the state, local and community level.					
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Objective 3a. The CCCCO will plan and convene quarterly meetings of the California Community Colleges Mental Health Services Advisory Committee (CCCMHSAC), which has a role in identifying priorities and emerging issues related to CCC student mental health.	June 2011	<p><u>In progress.</u> The 4th meeting of the CCCMHSAC was held 8/31/10.</p> <p><u>Deliverables:</u> agenda and meeting notes</p>	None at this time.	<p>This meeting featured a presentation on supported education and supported employment by Adrienne Shilton of CiMH and Rick DeGette of Alameda County BHS.</p> <p>An update was also provided on Project Safety Net by Vic and Mary Ojakian, a project of the City of Palo Alto and local partners.</p>	As a result of feedback from committee members, a follow up presentation on this topic will be on the agenda for the January 2011 meeting.
Objective 3b. Attend appropriate CCCCO, California community college, and partner meetings, conferences and trainings to share information, and resources about student mental health and best practices, as well as to	June 2011	<p><u>In progress.</u> The MHS presented at the following meetings/ and trainings:</p> <ul style="list-style-type: none"> DSPS New Directors' Training, 9/20-21 	None at this time. A priority focus has been sharing updates and status of the progress of the ZFF grant and highlighting a variety of	See 1c. Examples of CCC and county mental health best practices are identified as a part of presentations provided to partner	The MHS will participate in upcoming meetings and conferences for the HSACCC, MHWA, as well as regular meetings of the Chancellor's Office Advisory Group on Counseling and

<p>increase the MHS' knowledge and understanding about strategies that impact students and colleges.</p>		<ul style="list-style-type: none"> • MHW (10/12/10): Provided an update on SMHI and other CCCCO mental health activities at the quarterly meeting of MHW at Bakersfield College (1c) • CAPED, 10/23-27; updates provided at the DSPS Regional Coordinators Meeting on 10/23, and at the Chancellor's Office Update on 10/25 • Attended VA Training on Concussive Brain Syndrome on 12/3/10 (see 2b) • Participated in webinar on Mental Health for Military Families (8/3/10) • Suicide Prevention Webinar (9/23/10) <p><u>Deliverables:</u> agendas, presentations</p>	models and programs being used by CCCs.	organizations (such as Orange County, Sonoma County, and more recently, Alameda County).	Troops to College Regional Reps meetings. As an outcome from these meetings, conferences, and trainings, new information will be obtained which can be shared with other campuses and throughout the system.
<p>Objective 3c. The MHS will provide technical assistance to the DMH, JPA, county mental health, and other organizations and agencies that are developing and/or implementing mental health programs and strategies that impact students in the CCC system.</p>	June 2011	<p><u>In progress.</u> The MHS completed the following TA activities during this reporting period:</p> <ul style="list-style-type: none"> • Participated in a call with DMH's Suicide prevention coordinators to provide an overview of CCC Mental Health initiatives (9/30/10) • Attendance/participation at CalMHSA board meetings or calls to provide into and recommendations on Draft implementation plan (8/19; 9/3; 9/17; 10/4; 10/14; 11/1; 11/12; 11/29.) • Prepared and submitted 		The MHS provided names of local college contacts staff from LA CO mental health (James Cunningham and Vivian Matsushige) so they could be included in LA County's Suicide Prevention Planning Meetings.	<p>LA's Suicide Prevention task force meeting was planned for January 2011.</p> <p>The MHS will continue to be involved in activities related to the implementation of the Statewide Projects and the SMHI in 2011.</p>

		<p>public comment to Cal MHSAC in August and November 2011.</p> <ul style="list-style-type: none">• Promoted attendance at the 3 information gathering sessions that impact CCCs (Suicide Prevention, Stigma & Discrimination Reduction, SMHI – Higher Education). Reps from 5 campuses were in attendance at the 12/5 Info. Gathering session. <p><u>Deliverables:</u> public comment and input prepared and submitted; power point presentation for Suicide Prevention Coordinators' call.</p>			
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Acronyms used in this report

ACHA – American College Health Assessment
AFSP – American Foundation for Suicide Prevention
ASCCC – Academic Senate of the California Community Colleges
CAPED – California Association of Postsecondary Education and Disability
CCC- California community colleges
CCCMHSAC – California Community Colleges Mental Health Services Advisory Committee
CCCCO – Community Colleges Chancellor’s Office
CCD- Community College District
CNG – California National Guard
CSSOs – Chief Student Services Officers
DMH – Department of Mental Health
GPAC – Governor’s Policy Advisory Committee
DSPS – Disabled Students Programs and Services
HTCTU – High Tech Center Training Unit
HSACCC – Health Services Association of the California Community Colleges
MH- Mental Health
MHS – Mental Health Specialist
MHLA – Mental Health and Wellness Association
NAMI – National Alliance for Mental Illness
NCDP – National College Depression Partnership
NCIRE – Northern California Center for Research and Education

OAC – Oversight and Accountability Commission (also known as the Mental Health Oversight and Accountability Commission)

PTSD – Post Traumatic Stress Disorder

SMHI – Student Mental Health Initiative

VA – Veterans' Administration

VRC – Veterans' Resource Center

SMHI – Student Mental Health Initiative

TBI – Traumatic Brain Injury

VA- Veteran's Administration

VC – Vice Chancellor

ZFF – Zellerbach Family Foundation

Submit electronic copies of reports by August 2, 2010 to:

Debbie Manas

Department of Mental Health

Community Services Division

Debbie.manas@dmh.ca.gov